Express Mail No. EV126130102US Attorney Docket No.: 31,300-01US

Date: July 2, 2003

CLAIMS

What is claimed is:

1. A ski-sled frame for removable attachment to a standard pair of

alpine ski bindings, comprising:

a frame

a seat connected to the frame;

a first and second ski connection member pivotally attached to

the frame;

a first and second ski control rod attached to the first and

second ski connection members, respectively;

a first and second foot plate assembly attached to the first and

second ski connection members, respectively,

the first and second foot plate assemblies further comprising a

first and second foot plate extender slidingly engaged to a rear portion of the

first and second foot plate assembly whereby the length of the first and second

foot plate assembly can be selectively adjusted and whereby the ski-sled frame

can be removably attached to a standard pair of alpine ski bindings.

2. The sled of claim 1 wherein the bindings are fixedly attached to

a pair of snow skis.

3. The sled of claim 1 wherein the ski control rods further

comprise handles.

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4. The sled of claim 1 wherein the seat is attached to the frame by a spring/cushioning system.

- 5. The sled of claim 1 wherein the frame includes a foot rest.
- 6. The sled of claim 1 wherein the frame includes toe clips.
- 7. The sled of claim 1 wherein the frame includes a back rest.
- 8. A frame for supporting a rider, comprising,

a frame;

a seat fixedly attached to the frame; and

ski connection means attached to the frame for connecting the frame to a standard pair of ski bindings.

- 9. The frame of claim 8 wherein the ski connection means are adjustable to fit different length alpine bindings attached to a standard pair of alpine skis.
- 10. The frame of claim 9 further comprising a first and second ski control rod.
- 11. A ski-sled frame for removable attachment to a standard pair of alpine ski bindings and skis, comprising a frame, a first foot plate assembly affixed to the frame and a second foot plate assembly affixed to the frame, whereby the first and second foot plate assemblies are removably attached to a standard pair of alpine ski bindings mounted on a pair of snow skis.